USING SOCIAL MEDIA

STAYING SAFE

- Abide by age limits – for Facebook, Instagram, Snapchat, Twitter, ASKfm and WhatsApp **you must be 13-years-old.**
- Think about what you're posting and who you want to be able to see it.
- Only use websites you know are safe.
- Put your privacy settings on high.
- Report anything you think is inappropriate or makes you feel uncomfortable.
- Set Snap Map to 'ghost mode' or don't allow Snapchat to access your device's location.
- Be careful when choosing which friends can see your location on Snap Map.
- Don't give out personal information.
- Don't talk to people you don't know.
- Don't open unusual pop-ups or links.



- Even if you are using 'ghost mode' on Snapchat, don't post to 'Our Story' unless you want your location to be visible.

CYBER BULLYING

Cyber bullying includes **sending nasty messages**, **posting things with the aim of upsetting someone**, purposely **leaving someone out** of an online group, **passing on messages and posts** with the aim of causing offence, and **posting anonymously** with the aim of causing someone harm. It can have a serious effect on people, making them feel worthless, decreasing their self-confidence and isolating them. If you are bullied online, you should take the following actions:



- Report it to an adult or to a staff member at school
- Save the messages you received
- Make a note of the user's name
- Block the user giving you the abuse
- Not reply to the messages

SEE IT, REPORT IT

If you have a concern about something online, it’s important you speak to an adult you trust about it, or inform the app you're using by clicking on 'Report'.

